

Dr Lim YC

Practical Strategies in Approach to Gambling Addicts in Singapore: A Case Experience

In this presentation, Dr Lim will interview two clients who are gamblers. Through the interviews, the following are highlighted:

- (1) the need for early intervention
- (2) the role of self-help groups
- (3) the use of motivational interviewing (MI) for counselling

All the above factors are essential to optimize containment and recovery for gamblers.

The co-trainer for this workshop is Ms Cecilia Chu, a Psychologist.